



market - cafe
- BREAKFAST -

Muffin.....	3.10
Scone.....	3.35
Cinnamon Roll.....	3.70
Coffee Cake.....	3.10
Quiche of the Day.....	4.30
Zuppas Granola.....	5.10
Irish Steel Cut Oatmeal.....	5.60

-----Breakfast Panini-----

#1 Egg, Ham and White Cheddar.....	7.85
#2 Egg, Tomato, Basil & Mozzarella.....	7.85

-----Breakfast Quesadilla-----

Bacon, Egg and Cheese.....	8.50
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- ZUPPA - (soup)

Cup Bowl

- Served with a French Roll -

Soup of the Day.....	3.95	5.10
Lobster Bisque.....	4.50	5.60
Combo (Soup w/Caesar or House Salad) or (Soup & 1/2 Sandwich).....		9.00

- COMBO -

Soup & Salad (Caesar or House).....	9.00
Soup & Half Sandwich.....	9.00

- WRAPS -

Asian Tuna Salad.....	8.50
with a wasabi ginger soy dipping sauce.	
Mediterranean Veggie.....	7.85
Hummus, spinach, artichoke hearts, tomatoes and feta cheese.	
Curried Chicken Salad.....	8.50

- PIZZA -

Cheese Pizza.....	8.90
Pizza of the Day.....	10.75

- PANINI -

Turkey Club.....	9.35
with Bacon, Fresh Basil, Tomato and Mozzarella.	
Mozzarella.....	8.50
with Pesto, Parmesan and Tomato.	
Ham & White Cheddar.....	8.20
Portobello Mushroom.....	9.00
with Spinach, Swiss & Feta Cheese.	
Italian Combo.....	9.35
with Prosciutto, Salami, Pepperoni, Provolone, Artichokes and Roasted Peppers served with Italian Vinaigrette.	
Tuna Melt.....	9.00
with Dried Cranberries, Apricots & Muenster Cheese.	
BBQ Chicken.....	9.35
Grilled Cheese.....	7.85
with Cheddar, Muenster & Swiss on Butter Crust Bread.	
Served with Tomato Basil Soup for Dipping	

- SALADS -

Caesar Salad.....	Sm. 8.10	Lg. 9.90
Add Portobello Mushroom or Grilled Chicken Breast...2.30		
Warm Pear Salad.....	10.75	
Baby Greens, Pears, Blue Cheese, Nuts and Dried Cranberries tossed with Warm Honey Balsamic Vinaigrette.		
Grilled Vegetable Salad.....	9.90	
With Balsamic Vinaigrette, Goat Cheese & Pesto.		
Trio of Chicken Salads.....	11.00	
Curried Chicken Salad, Pesto Chicken Salad and Waldorf Chicken Salad served on a Bed of Greens.		
Thai Chicken Salad.....	10.50	
Grilled Chicken with Oranges, Rice Noodles, Almonds, Coconut and Pineapple on Greens with Curry Vinaigrette.		
Strawberry Goat Cheese Salad.....	10.45	
Baby greens, strawberries, goat cheese, honey onions, candied walnuts and strawberry vinaigrette.		
Southwestern Cobb Salad.....	10.15	
Baby greens, sweet corn, peppers, tomatoes, black beans, avocado, tortilla strips and chipotle ranch.		
Beet & Orange Salad.....	11.25	
Baby Greens tossed with Beets, Candied Walnuts, Feta Cheese,		

- COLD SANDWICHES -

Smoked Turkey Breast.....	7.85
Herb Cream Cheese, Pears, Greens & Cranberry Mayo on Multi Grain.	
Ham & Brie.....	8.20
on Pretzel Bread with Apricot Mayo.	
Sliced Roast Beef.....	9.00
with bok choy slaw and wasabi mayo served on a rustic baguette.	
Waldorf Chicken Salad.....	8.50
served on Whole Wheat Bread with Lettuce.	
Grilled Vegetable.....	8.50
boursin cheese and arugula served on a rustic baguette.	
Pastrami and Swiss.....	9.60
served on marble rye with horseradish Dijon sauce.	

- HOT SANDWICHES -

(Served on an Onion Roll)

Shredded Beef.....	10.45
with Sharp Cheddar Cheese.	
Pulled BBQ Pork.....	11.00
with Spicy Cole Slaw.	

- PASTA -

Mac & Cheese.....	Sm. 7.85	Lg. 11.25
made with four cheeses.		
Chicken Penne Pasta.....	Sm. 10.75	Lg. 13.00
Grilled Chicken tossed with Vegetables, Portobello Mushrooms, Basil Tomato Vodka Sauce.		
Bow Tie Pasta.....	Sm. 10.45	Lg. 12.75
with Artichokes, Spinach, Olives, Tomatoes and Basil & Goat Cheese.		
Cheese Tortellini.....	Sm. 11.00	Lg. 13.30
with Prosciutto, Peas, Basil and Garlic Cream Sauce.		
Penne Pasta.....	Sm. 10.45	Lg. 12.75
with Bolognese Sauce topped with Parmesan Reggiano.		
Linguine.....	Sm. 11.00	Lg. 13.30
with Wild Mushroom, Marsala Wine & Garlic Cream Sauce.		

- SIDES -

Homemade Potato Chips.....	Sm. 2.00	Lg. 4.00
Vegetable of the Day.....		3.95

- DESSERT -

Cookie.....	2.00	Lemon Bar.....	3.35
Cobbler Bar.....	3.35	Carrot Cake.....	5.40
Brownie.....	3.70	Crème Brulee.....	5.10
Rice Crispy Bar.....	3.35	Fruit Crostata.....	5.40
7 Layer Bar.....	3.70	Cheesecake.....	5.60

TO ORDER CALL FLASH 722-3750