



## Flash Food Delivery



### - STARTERS -

Chicken Quesadilla.....	10.70
<small>Chicken, melted cheeses, pico de gallo, bacon, sour cream and salsa.</small>	
Spinach & Artichoke Dip.....	7.35
<small>Spinach, artichokes, parmesan, Swiss and romano with tortilla chips.</small>	
Mozzarella Sticks.....	7.65
<small>With marinara sauce.</small>	
Stuffed Potato Skins.....	9.05
<small>Smothered in melted cheeses and bacon.</small>	
Chicken Tenderloins.....	8.50
<small>With honey mustard dressing.</small>	
Buffalo Chicken Tenderloins.....	8.50
<small>With blue cheese dressing.</small>	
Buffalo Wings.....	(8) 8.50... (16) 13.00... (24) 22.60
<small>Mild, Medium or Hot! Served with blue cheese dressing.</small>	
Onion Rings.....	5.65
<small>A generous portion of golden onion rings.</small>	
Outrageous Nachos Grande.....	10.75
<small>Fresh nacho chips, spicy chili beef or chicken, melted cheeses &amp; jalapenos. Served with sour cream and salsa.</small>	
Chicken, Sticks & Rings.....	9.40
<small>Mozzarella cheese sticks, chicken tenders and onion rings with marinara, honey mustard and ranch dipping sauces.</small>	
Triple Sampler.....	13.00
<small>Stuffed potato skins, Buffalo Chicken Tenderloins &amp; Mozza sticks.</small>	
Asain Platter.....	10.20
<small>Pork egg rolls, vegetable pot stickers and shrimp-vegetable dim sum.</small>	
Margarita Shrimp'dilla.....	Lighter Portion 6.80.. Regular 10.20
<small>Quesadilla with margarita-flavored grilled shrimp, jalapeño jack and cheddar cheeses and pico de gallo. Served with sour cream and salsa.</small>	
Flat Bread Pizza.....	Buffalo Chicken 7.15.. Taco 7.15
<small>Broccoli Cheese or Chicken Tortilla Crock 4.10.. Bowl 6.25</small>	
Soup of the Day.....	Crock 4.10.. Bowl 6.25
French Onion Soup.....	Crock 5.35
Burger Minis & Fries.....	9.05
<small>Sweet rolls served with American cheese, lettuce, tomato and pickles.</small>	
Chicken Minis & Fries.....	9.05
<small>Sweet rolls with pepper-jack cheese, lettuce, tomato &amp; chipotle mayo.</small>	

### - SANDWICHES -

Sandwiches are served with a choice of one: baked potato, french fries, mashed red skin potatoes, rice pilaf, cole slaw, cottage cheese, broccoli or vegetable of the day.

Hot Italian.....	9.40
<small>Ham, pepperoni, mozzarella cheese, bacon, lettuce, tomatoes and Italian dressing on ciabatta</small>	
Tenderloin Steak Sandwich.....	10.20
<small>with onions</small>	
Turkey Burger.....	7.95
<small>Ground turkey with lettuce, tomato, pickle and chipotle mayonnaise.</small>	
French Dip.....	10.20
<small>Thinly sliced prime rib served au jus.</small>	
Reuben.....	9.05
<small>New York Style Corned beef, Swiss cheese and sauerkraut on rye with 1000 Island.</small>	
Chicken Breast.....	8.50
<small>Grilled chicken breast sandwich plain.</small>	
Hickory Chicken.....	9.40
<small>American cheese, bacon, &amp; BBQ sauce atop a tender chicken breast.</small>	
Club House.....	9.40
<small>(Traditional) Ham, turkey, bacon, Swiss and cheddar, lettuce, tomato &amp; mayo on rye.</small>	
Veggie Burger.....	7.95
<small>A tasty garden veggie burger served with lettuce, tomato and ancho-lime ranch dressing.</small>	

### - BURGERS -

Burgers are served with a choice of one: baked potato, french fries, mashed red skin potatoes, rice pilaf, cole slaw, cottage cheese, broccoli or vegetable of the day.

Ground Rounder.....	7.95	add cheese 9.10
<small>A thick, juicy, half-pound burger with lettuce, sliced tomatoes &amp; pickles.</small>		
Bacon Cheeseburger.....	9.95	
<small>A half-pound burger with two slices of crisp bacon and your choice of American, Swiss or cheddar cheese.</small>		
Mushroom & Swiss.....	9.95	
<small>1/2 lb. burger with mushrooms, Swiss cheese and mayo.</small>		
Ranch Burger.....	9.95	
<small>A half-pound burger with a spicy ranch dressing, melted cheddar cheese, crisp bacon and grilled red onion.</small>		
Hickory Burger.....	9.95	
<small>American cheese, crispy bacon and smoky BBQ sauce.</small>		
Hay Stack Burger.....	9.95	
<small>With chipotle ranch dressing, Cheddar cheese and onion tanglers.</small>		
Chipotle Burger.....	9.95	
<small>Chipotle mayonnaise, pepper-jack cheese and bacon.</small>		
Big Black & Blue Burger.....	9.95	
<small>Blackened burger topped with blue cheese.</small>		
Clubhouse Burger.....	10.20	
<small>On bread plus cheddar &amp; swiss, ham, bacon, lettuce, tomato &amp; mayo.</small>		

### - WRAPS -

Wraps are served with a choice of one: baked potato, french fries, mashed red skin potatoes, rice pilaf, cole slaw, cottage cheese, broccoli or vegetable of the day.

Chicken Caesar Wrap.....	9.60
<small>Grilled chicken, romaine lettuce, Boursin®cheese, tomatoes, Caesar, parmesan and romano</small>	
Buffalo Chicken Wrap.....	9.60
<small>Chicken tenderloins, bacon, jalapeno pepper-jack cheese with bleu cheese dressing, tomatoes and lettuce.</small>	
TBLT Wrap.....	9.60
<small>Turkey, bacon, lettuce, tomatoes and cholesterol-free mayo.</small>	

### - SALADS -

Fiesta Chicken Salad.....	10.20
<small>Grilled chicken, greens, black bean corn salsa, shredded cheddar and jack cheeses and an ancho lime dressing.</small>	
California Cobb Salad.....	10.20
<small>Greens with chicken, eggs, bacon, tomatoes &amp; cheese on flat bread.</small>	
Buffalo Chicken Salad.....	10.20
<small>Greens, tomatoes, egg, bacon, jalapeno pepper jack and cheddar cheeses with blue cheese dressing with Buffalo chicken tenderloins.</small>	
Chicken Club Salad.....	10.20
<small>Greens, bacon, egg, cheese and tomatoes with choice of grilled or fried chicken tenderloins honey mustard dressing.</small>	
Grilled Chicken & Spinach Salad.....	10.75
<small>Grilled chicken, baby spinach, bacon, red peppers, red grapes &amp; Gouda cheese with raspberry balsamic vinaigrette.</small>	
Chicken Caesar Salad.....	10.20
<small>Romaine lettuce and tomatoes tossed with Caesar dressing and topped with grilled chicken.</small>	
Caesar Salad.....	7.95
<small>Romaine lettuce and tomatoes tossed with Caesar dressing.</small>	
House Salad.....	4.10
<small>Greens, cheese, chopped egg, red onions &amp; croutons.</small>	
Texas Tangler Salad.....	11.30
<small>Fresh salad greens, chicken, black bean corn salsa, onion tanglers, shredded cheeses, hickory BBQ sauce, ranch dressing. With flat bread.</small>	
Taco Salad Grande.....	10.75
<small>With chicken or chili beef. Topped with sour cream and salsa.</small>	

### - DESSERTS -

Wild Berry Stack.....	4.55
Rockslide Brownie.....	5.65
Chocolate Peanut Butter Pie.....	5.65
Chocolate Lovin' Spoon Cake.....	5.65
Fried Cheesecake.....	4.55
Cinnamon Dippers.....	4.90